



STUDENT DETAILS

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|---|---|
| University department / faculty: | Verfahrens Und Systemtechnik |
| Field of study: | Process Safety and Environmental Engineering |
| Home university: | Otto-von-Guericke-Universität Magdeburg |
| Nationality: | Pakistani |
| Duration of traineeship (<i>from ...to...</i>): | 8 months |

TRAINEESHIP INSTITUTION

| | |
|----------------------------------|--|
| Country: | Estonia |
| Name of traineeship institution: | SEI Tallinn |
| Web page: | https://www.sei.org/centres/tallinn/ |
| Address: | Arsenal Centre, Erika 14, 10416 Tallinn |
| Contact person: | Adil Aslam |
| Telephone / E-Mail: | adil.aslam@sei.org |

EXPERIENCE REPORT (approx. 3 pages + more photos if applicable)

1) Traineeship institution

Please give a brief description of your host traineeship institution.

I have worked in SEI Tallinn. The company is a well-known consultancy center for sustainability and renewable energy solutions. Creating value from waste and providing expert services for renewable energies is the main motivation of the company's work.

2) Searching for a traineeship

How did you find your traineeship? Are there any recommendable links or other helpful tips you would like to share?

I found this internship opportunity after regularly updating myself about the different job portals. I would recommend LinkedIn Job portal.

3) Preparation

How did you prepare for your traineeship in terms of language, intercultural, professional and organisational aspects? Are there any recommendable links or other helpful tips you would like to share?

In Estonia, English is a commonly spoken language. Public interaction is also very nice. It can be more pleasant if one knows Estonian, but only English is also fine. I recommend that Estonia is a bike country, so students can live through the culture to adapt this healthy option of transport.

4) Accommodation

How did you find your accommodation? Are there any recommendable links or other helpful tips you would like to share?

The traineeship institution did not provide the accommodation. But the company helped me to find the accommodation. As Tallinn is a student hub, so finding a place to stay near university areas is not a problem.

5) Traineeship

Please describe the tasks and / or the projects carried out during your traineeship. In which way were you mentored and integrated? How were the working conditions? Did you have especially positive or negative experiences?

I worked on a project 'Green Hydrogen potential for Estonia'. Sector modelling was my main task during the internship. The experience was really good for the career kickstart.

6) Acquired qualifications

Which qualifications and skills could you acquire or improve during your traineeship?

I improved my negotiation and project development skills. I also learnt about the techno-economic point of view for project feasibility.

7) Country-specific features

Are there any specific traineeship regulations in the target country that affected you as an Erasmus trainee (e.g. France: housing allowance, convention de stage)? If yes, which ones? Are there any recommendable links or other helpful tips you would like to share?

Everything went very smoothly. I did not find any difficulty after arrival as everybody (almost) can speak English there.

8) Visa, residence and work permit (only for international students)

Which prearrangements had to be made in terms of visa, residence and work permit? Are there any recommendable links or other helpful tips you would like to share?

As a non-EU citizen work visa is required to work in most EU countries. But Estonia does not impose this regulation and fortunately with Erasmus Traineeship program one can get a three months work contract without a visa requirement. I would recommend every student to have a look at Leonardo office Magdeburg online page to have further information.

9) Other

Is there anything else you want to let other students know?

Please do some research on the city and the area you are going to in a specific country, as it will help you after your arrival. Enjoy the culture as maximum as possible.

10) Conclusion

What is the conclusion drawn after your traineeship experience abroad?

It was a very important and very memorable experience for me. My coworkers were super nice and I enjoyed being there. Due to the pandemic Covid-19, some of the the employs worked from home, but i met most of them during the stay. I would recommend the internship abroad to anyone who wants to have a life changing experience.

Declaration of consent

I hereby agree to the publication of this report on the website of the Leonardo Office Saxony-Anhalt.

I assure that the photos used in this report do not violate the rights of other persons or companies (personal rights, copyrights etc.).

Please send this report by email to angela.wittkamp@ovgu.de!
Acceptable file formats: [.doc], [.docx], [.rtf], [.odt].